

Fun - Family - Fellowship  
**CELEBRATE!**  
WORKSHOPS

**Be Touched by the Spirit & be Renewed,  
Revitalized & Energized**

Rev. David Hiller,  
Myrtle Beach, SC

Experience an emergence into a sacred place within your heart. Be blessed & receive healing by the great Sage of your being. Learn how we create our reality & how the powerful change activator Psych-K affects our reality. Experience Brain Gym to stay more centered and calm. Together let's connect with Spirit, renew our mind & revitalize our being.

**Art Journaling**

Revs. Richard Talley and Eileen Douglas  
P.A.T.H. Ministries, NC

Express yourself with words and images, color, and line. No art or writing experience necessary. Bring any kind of sketch or watercolor pad or spiral bound notebook.

**Deepening Spiritual Practice**

Rev. Ron Lindahn, Dillard, GA

Meditation is a powerful tool for enhancing health and well being in every area of our lives. We will share effective meditation techniques, guidelines for conscious living and have an opportunity to practice together.

**Salsa Workshop**

Rev. Ana Quintana, Raleigh, NC

Anna, originally from Puerto Rico, will be leading a lively salsa workshop. Join her for the fun and learn how to salsa.

**Stretch Your Abundance Consciousness  
& Create More Prosperity NOW**

Rev. Bronte Colbert, Athens GA

Powerful exercises and practical techniques to create more abundant living during an interactive, fun, and engaging experience. Learn how to align with what you want.

**Tell Them Now**

Beth Boillott

An invitation to revive the gifts of past experiences. To stand firm in the renewed understanding of life not being done to us, but being for us. You will be given tools to work this process, and we will end our experience in co-creation of a musical affirmation.

**Moving Toward the Heart**

Rev. Neusom Holmes, Raleigh, NC

The heart has the power to connect us to each other and to the wisdom of the universe. Our time together will be focused on opening the heart and amplifying the energy of love. This workshop's purpose is to initiate or deepen access to the heart where we experience love.

**A Consciousness of Healing.**

Rev. John Strickland, Atlanta, GA

This workshop will teach people how to develop a healing consciousness. We will have a powerful time together learning how to be healed and how to be healers.

**Wealthful Thinking**

Rev. Julie Johnson, Hilton Head, SC

Wealthful thinking combined with action, can shape the Quantum Field, a sea of substance that takes shape according to the intention of the observer, into whatever we need in our lives.

**Jesus Never Said that!**

Rev. James King, Greenville, SC

In this workshop you will discover the real reason Jesus came. You will hear the true message that he came to teach, from his own words, the Mystical Christ and the inner spiritual awakening that Jesus actually brought to the world. This will be an interactive workshop with lively discussion and experiential tools to empower your life.

**Walden Watch**

Rev. Pat Veenema, Durham, NC

This workshop is your time to imitate Henry David Thoreau: Sit in silence, listen, see, smell, touch and even taste. Allow your artistic brain to express whatever it wants to say on paper. Pack a poncho, because this activity will proceed rain or shine. (a light rain will enhance our experience!) Paper, pens and sit-upons provided.

**Renewing The Mind**

Rev. Larry Henson, Raleigh, NC

This workshop is about renewing of the mind. The letting go of established attitudes and free falling into the knowing of who we are. We will look at ways we have been programmed into ways of thinking, and ways we can truly be who we really are.

**Becoming a Vibrational Match**

Rev. Victoria Loveland-Coen, Chapel Hill, NC

We are conscious vibrational beings, and we have power to determine our experience. This workshop will give participants a real experience in consciously shifting their energy to become a vibrational match to their desired good which is essential for the manifestation of it.

**Renew Your Relationships**

Brenda Strickland, Atlanta, GA

Want to renew your relationships with family, friends and co-workers? Discover how you express God through your unique personal style. Using spiritual ideas from her book, Life, Love and Lilies: Everyday Spirituality, Brenda will guide you to your answers to three timeless universal questions.

**Music with Lytingale**

Lytingale and friends, Mills River, NC

**The Mural** - Rev. Richard Talley

Help create a 10' mural outdoors throughout the course of the retreat. Everyone is invited to paint what has inspired them from the theme and speakers.

September 22-25, 2015  
Kanuga Conference Center  
Hendersonville, North Carolina

Registration:

Call Penny Werth (423)755-7990  
Email: pennywerth@unityofchattanooga.org  
or visit: <http://ummas.org>

Please read Kanuga's new cancellation policy carefully.